

Nutritional Information

Smoothies

Calorie (cal)

Banging Banana	173
Chocolate Dream	197
Strawberry Delight	267
Berry Blast	199
Early Riser	210
Mighty Mango	277
Strawberry Fields	248
Raspberry Ripple	192
Pineapple Pleasure	219
Tropical Revitaliser	334

Power Smoothies

Acai Rush	370
Breakfast	330
Fitness Fanatic	229
Green Tease	200
Smooth & Slender	240

Fruit Crushes

Berry Delicious	200
Citrus Twist	191
Strawberry Twirl	243

All figures based on a medium size drink (450ml)